

# KERATAN AKHBAR

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TARIKH : 31 OKTOBER 2022

AKHBAR : THE SUN

MUKA SURAT : 4

## Free health checks at Keluarga Malaysia

### Free health checks at Keluarga Malaysia event

**KUANTAN:** Visitors to the Keluarga Malaysia Aspirations Tour in Pahang did not miss the chance to get a free health check-up courtesy of the Pahang Health Department.

Civil servant Faez Nazhan Phang, 46, said it was a habit of his to have regular health check-ups and he took the opportunity to

have one yesterday because he did not have to wait long for his turn.

"It is important for us to know our health status so that we can prevent diseases, just now my cholesterol reading was not so good," he said when met at the Sultan Ahmad Shah International Convention Centre (SASICC).

Another visitor, Nor Nazirah

Harun, 32, said the last time she had a health check-up was about 10 years ago.

"I came with my husband who wants to look for a job at the career carnival then I stopped by to check my blood pressure and sugar levels."

Meanwhile, Pahang Health Department director Datuk Dr Nor

Azimi Yunus said from Friday until noon yesterday, the department's booths at SASICC and the Darul Makmur Stadium had dealt with 3,000 visitors.

Of that number, about 1,000 visitors had their blood pressure, sugar and cholesterol levels checked in addition to having a dental check-up. - Bernama